

**Missouri State Advisory Council on Pain and Symptom Management**  
**September 13, 2007**  
**1:00 – 3:00 p.m.**  
**Department of Health and Senior Services**

**Attendees:** Dan Kelley, Sarah Madden, Beth Anderson, Perrin Jungbluth, Lori Ladd, Deanna Bates, Tricia Schlechte, Barb Wilbers  
**Guest:** Kathy Sluyter

TOPIC	DISCUSSION	ACTION
<b>CMS F-tags in Long Term Care</b>	<p>Kathy Sluyter, DHSS Section of Long Term Care Survey and Compliance Unit, provided an overview of federal guidelines developed by the Centers for Medicare and Medicaid Services (CMS) known as 'F-tags'. F-tags provide long term care facilities and surveyors with definitions, intent, procedures and interpretive guidelines for delivering care. Pain is referenced in F-309, which addresses the broad topic of Quality of Care. Pain is also a quality indicator in the long term care minimum data set.</p> <p>Complaints about pain management are made directly to the Section for Long Term Care. Complaints result in an investigation of the reported concern.</p> <p>The CMS regional office in Kansas City is not aware of a pending release of new guidelines related to assessment and management of pain, even though in the summer of 2006 comments were requested on proposed changes.</p> <p>When new guidance is issued, CMS and the training unit within DHSS Section of Long Term Care provide educational opportunities.</p> <p>Tricia contacted the Missouri Health Care Association and the Missouri Association of Homes for the Aging, two major organizations that provide educational opportunities for staff in long term care. Pain management has been included in their educational sessions the last year.</p>	<p>The following link provides the guidance to the surveyors when assessing F 309 quality of care: <a href="http://www.cms.hhs.gov/manuals/Downloads/som107ap_pp_guidelines_ltcf.pdf">http://www.cms.hhs.gov/manuals/Downloads/som107ap_pp_guidelines_ltcf.pdf</a> . There are no specific references to pain assessment and management in this document. Will continue to monitor for a new F-tag for pain assessment and management.</p> <p>Beth offered to obtain the curriculum for nurse assistant training to see if and how it addresses pain issues.</p> <p>Continue to seek and promote educational opportunities in pain management for long term care staff. Request update on nursing home pilot project from for next meeting.</p>

<b>Review of June minutes</b>		Lori moved that the June minutes be approved. Dan seconded the motion. Motion carried.
<b>By-laws</b>	The original by-laws included a section for the mission, but no documentation has been found of a mission statement. The word ‘mission’ was added to Article IV – Duties of the Members <u>and Mission</u> of the Missouri State Advisory Council on Pain and Symptom Management. Members felt this was acceptable as the mission was inherent in the statutory duties.	Dan moved the by-laws be approved as revised. Beth seconded the motion. Motion carried.
<b>Statutory Revisions</b>	Tricia reviewed the proposed language that would delete the definition of ‘addict’ and ‘drug dependent person’ in Chapter 195. The Board of Healing Arts is reviewing the Intractable Pain Act in Chapter 334 and proposing removal of the definition for ‘intractable pain’ and refer only to ‘pain’. Other language revises wording to clarify that the diagnosis and treatment <u>shall be</u> documented in the physician’s medical record.	Chapter 195 revisions have been submitted as part of DHSS’ 2008 legislative proposals. Tricia will keep in touch with John Heidy at Board of Healing Arts regarding the changes proposed to Chapter 334.
<b>Pain Management for Family Practitioners CME Opportunity</b>	<p>Tricia distributed a copy of a memo from the Missouri Pain Initiative regarding a continuing medical education session for family practitioners on pain management.</p> <p>Dr. Jungbluth indicated this would be of interest to dentists as well, and suggested contacting the Missouri Dental Association to let them know about the event and opportunity to incorporate into the Midwest Dental Conference held each year in March in Kansas City.</p>	<p>See attached.</p> <p>Lori will share with the Missouri Pain Initiative that dentists would be interested in a similar continuing education opportunity as well.</p>
<b>Behavioral Risk Factor Surveillance Survey (BRFSS)</b>	Tricia reported that while final decision on the number of pain questions will not be determined till November, now it appears likely that all four questions will be included in the 2008 survey.	
<b>Council Vacancies</b>	Keri Dozier continues to work with the Governor’s office on filling vacancies.	
<b>Other business</b>	Deana mentioned that the chiropractic practice act was updated and signed by the Governor this year.	FYI

	Sarah Madden, on behalf of the AG's office, will help in any way she can to move along any legislation of interest to the Council.	FYI
<b>Next Meeting</b>	Tricia proposed the December meeting be conducted via conference call. The Council had discussed alternating face-to-face meetings with conference calls. Call will be Thursday, December 11, 2007 from 1-3 p.m.	Mark your calendars! Call in numbers will be sent with agenda and other meeting materials in advance of the meeting.

Approved: \_\_\_\_\_  
Chair

Date: \_\_\_\_\_